

CAREER TRANSITION

CASE STUDY: FOOTBALLER to PHYSIOTHERAPIST

Name: Rob Hulse **Age:** 39

From: Crewe

Playing Career Summary:

Rob played over 350 league games during his career which saw him play for Crewe Alexandra, West Bromwich Albion, Leeds United, Sheffield United, Derby County, Queens Park Rangers and Charlton Athletic. He retired in 2013.

New Career: Physiotherapy

Support from Player Association:

It wasn't until Rob hit his thirties that he started to think about his career after football and with the help of the PFA he started planning for his second career. The PFA helped him identify which courses he needed to do to undertake before doing a degree course and then helped fund a BSc (Hons) Physiotherapy degree at the University of Salford which Rob completed in XXXX.

Career Transition Highlights:

- Obtaining a first-class honours degree and finishing top of the year group.
- Thoroughly enjoying his new career, a highlight being meeting new people and the busy nature of the role.

Career Transition Challenges:

- Taking final decision to officially retire.
- Returning to education for the first time since he left school at sixteen.



“ I'd not really done that much up until the time I retired, and thinking about it now, it would have made life a lot easier if I'd have just dipped in and just tried out things whilst still playing.

You need to find something that you love, something that you are passionate about and that will make life so much easier for your learning. ”

