

CAREER TRANSITION

CASE STUDY: FOOTBALLER & TRADES

Name: Ross Meechan **Age:** 26

From: Glasgow

Playing Career Summary:

Ross began his playing career in 2012 with St Mirren u20s before moving on to the Partick Thistle u20s a year later. From there he joined part-time side Stenhousemuir where he played for four seasons and was a key member of the Warriors side that won promotion to League One through the SPFL Play-offs in season 2017/18. He left Stenny and joined current club Forfar Athletic in July 2018.

Second Career: Electrician & Tiler

Support from Player Association:

Ross was one of 6 players who did a fully-funded PFA Scotland Tiling Course in 2020. Following on from that, he joined L&D Services as a tiler to put his newly acquired skills to good use. Having been bitten by the trades bug, he then did a PFA Scotland plastering course to upskill himself further. Although he is enjoying working as a tiler with L&D Services, he has now continued his personal development by starting an adult apprenticeship with them to become an electrician.

Second Career Highlights:

- Taking the time to do and complete the PFA Scotland Tiling and Plastering courses as they set Ross off on a new career path.
- Working within a company that is supportive and helping him develop his skills further.

Second Career Challenges:

- Combining part-time football schedule – which includes evening training sessions and games – with working.



“ I’m lucky because I found it quite easy, but I just think you need to have an open mind. It was relatively comfortable for me because of the people around me, especially the company I’m working with as they’ve been really supportive and made the transition enjoyable. ”

