

CAREER TRANSITION

CASE STUDY: RUGBY PLAYER to FINANCIAL ADVISER

Name: Dave Lewis **Age:** 31

From: Devon

Playing Career Summary:

Dave enjoyed 12 years as a pro playing scrum half making around 200 appearances. He started at Gloucester and retired at Harlequins and in between, had four years at Exeter where he was part of the squads that won the Premiership and LV Cups.

New Career: Financial Adviser, Timothy James and Partners

Support from Player Association:

The RPA's Transition Manager Josh Frape first helped Dave articulate what really interested him outside of rugby, then helped point him in the right direction to achieve his ambition. Caroline Humpherson (Senior Development Manager) and Josh regularly stayed in touch during his playing career and after retirement, helping him with introductions and have always been willing to listen and give their advice.

Career Transition Highlights:

- Helping professional sports stars and young entrepreneurs really engage with their futures and realise that the decisions they make now can benefit their future selves.
- Finding a second career that he's passionate about and that he gets paid for like rugby.

Career Transition Challenges:

- Not getting the speed of feedback that you're used to in the professional sports world, results take far longer to come to fruition.
- Realising you now have complete control over your life, whether that be where you live or when you go on holiday.



“ Overall, I look back and it's been awesome. Yes it's had its challenges along the way, but we were prepared and now we have choice and freedom as a family which is not something we have experienced before. ”