

CAREER TRANSITION

CASE STUDY: FOOTBALLER to PLUMBER

Name: Alex Crean **Age:** 21
From: Bromley

Playing Career Summary:

Alex came through the Crystal Palace Academy where he got a call-up for Scotland at youth level. After leaving Palace, he got an opportunity at Celtic FC and then moved back south to Bromley FC in the National League. He then signed a pro deal at Arsenal and left Arsenal after a bad injury in his second season.

New Career: Plumbing & Heating Engineer

Support from Player Association:

After leaving football, Alex had a lot of surgeries and felt a bit stuck and unsure how to move forward. However the PFA were always there and helped him through his surgeries, giving him career ideas and course suggestions.

Career Transition Highlights:

- Gaining a place at the University of Salford to do a football and business related degree.
- Learning a new language on a PFA run Spanish course.

Career Transition Challenges:

- Accepting his football career had ended so early.
- Having to learn a whole new trade from scratch and remembering all the information.



“ The PFA have been brilliant and continued their support as I’ve progressed in my second career and keep in regular contact. ”

